



登山善行
hike for
hospice

30th
Anniversary



Hike for Hospice is an annual charity fundraising event organised since 1992, and is the flagship fundraising event of the Society for the Promotion of Hospice Care. All proceeds will go to provide quality palliative care and bereavement services to underprivileged terminal patients, ensuring that their life's journey can be completed with dignity and the warmth of their loved ones.

This year will mark the 30th Anniversary of the "Hike for Hospice". We rely on the generosity of Alumni Associations by forming teams of four to represent your alma mater to race along the designated 14 km scenic trails to help raise money to support our causes. We look forward to welcoming you and many other alumni networks to the Hike for Hospice.

Enrolment Details:

- Teams have to register in the name of the alumni association
- Each team is made up of 4 hikers
- Enrolment fee per team is HK\$15,000 (Please send in a crossed cheque payable to "The Society for the Promotion of Hospice Care")
- Please submit your enrolment with just a click on <https://hike.hospicecare.org.hk/alumni> or by email to hike@hospicecare.org.hk
- Enrolment deadline is **Friday, 21 April 2023**

Award and Souvenirs:

- Awards will be given to champion, the 1st runner-up and the 2nd runner-up
- The Champion can keep a floating trophy for one year; Alumni who wins the championships for three consecutive years will be awarded the trophy for permanent possession
- All winner team members will be awarded individual trophies

Date:

Sunday, 7 May 2023

Venue:

Tai Lam Country Park
Yuen Long

Time:

8:45am - Opening Ceremony
9:00am - Start of Hike



Please join the event and forward this message to invite your friends to accept this challenge!



HIKE FOR HOSPICE 2023 ALUMNI CHALLENGE

ENROLMENT FORM

GENERAL INFORMATION

Name of Alumni :

Contact Person : Position :

Gender : Tel : E-mail :

Mailing Address :

MEMBER 1

Name

Gender Tel

Email

T-shirt Size ☐ XXL ☐ XL ☐ M ☐ S

Shuttle Bus Route ☐ Central ☐ Yuen Long

MEMBER 2

Name

Gender Tel

Email

T-shirt Size ☐ XXL ☐ XL ☐ M ☐ S

Shuttle Bus Route ☐ Central ☐ Yuen Long

MEMBER 3

Name

Gender Tel

Email

T-shirt Size ☐ XXL ☐ XL ☐ M ☐ S

Shuttle Bus Route ☐ Central ☐ Yuen Long

MEMBER 4

Name

Gender Tel

Email

T-shirt Size ☐ XXL ☐ XL ☐ M ☐ S

Shuttle Bus Route ☐ Central ☐ Yuen Long

Please send the donation (crossed cheque payable to "The Society for the Promotion of Hospice Care") together with a copy of this Enrolment Form to us by mail

T-Shirt Size Chart

Size	XS	S	M	L	XL	XXL	XXXL
Chest (in cm)	44	47	50	53	56	59	62
Shirt Length (in cm)	62	65	68	71	74	77	80



Waiver of liabilities and declaration

By completing this enrollment form, it represents we confirm and agree that:

- We shall comply with all relevant rules, regulations and arrangements made by the Society for the Promotion of Hospice Care, sponsors, supporting organisations and all related organisations, as well as their partners, employees and their agents (hereafter "Organisers").
- We participate in the Event entirely at our own risk. We assume full responsibility for ourselves and we shall not hold the Organisers responsible for death or any injury, or for any damage to, loss or destruction of property during the course of the Event.
- We grant permission and assign all rights, title and interest to the Organisers to utilise our image and / or voice in any promotional or fundraising activities in perpetuity and agree to waive any right of inspection or approval associated thereto.

Privacy Policy

All personal data collected for Hike for Hospice 2023 ("Event") will only be used by SPHC for the purpose of event communications. SPHC may share your data to our designated vendors for the production of necessary event-related materials (eg. The bib). Under no circumstances should SPHC share the data to any other third party unrelated to the Event. SPHC may from time to time use the data to communicate and update you with the services of SPHC, JCHH and JTTC. Please indicate if you agree to receive our communications in the future by checking the box below.

☐ We agree ☐ We do not agree